

NURSING | RESIDENTIAL | DEMENTIA

# Luxury Living, Exceptional Care & Unrivalled Views

Award Winning Dementia Care and Nursing Home





















Email – enquiries@barrowhillhall.co.uk
Website – www.barrowhillhall.co.uk





















### 1. Welcome to Barrowhill Hall



Barrowhill Hall is an award-winning specialist dementia care and nursing home standing on the crest of a hill on the Derbyshire/Staffordshire border in a beautiful and tranquil setting with panoramic views of the surrounding countryside. We offer the highest quality residential and nursing care in a luxurious, homely and safe environment.

Barrowhill Hall consists of two independent care centres being Barrowhill Hall and Churnet Lodge. Churnet Lodge focuses on providing a socially supportive environment for those living with the early stages of Dementia. Care plans are carefully compiled, updated and are overseen by our management team. Whilst Barrowhill Hall offers care and support for people who have more complex needs requiring the meticulous formulation, implementation and evaluation of bespoke, person centred care plans by our dedicated and professional nursing team.

Both Barrowhill and Churnet Lodge have been specially designed in accordance with the innovative Stirling Academy guidance along with our own research into how to enhance the living environment for people living with memory loss. We have a mixture of larger and quieter lounges, film rooms, a library, spa and hairdressers. The outdoor space is extensive and has far reaching views of the local countryside and the formal gardens of the JCB world headquarters.

All bedrooms are appointed to the highest standards and the majority offer en-suite accommodation. We can also accommodate couples in a studio with a bedroom adjoining a quiet lounge. I've specialised in Mental Health Nursing for over 20 years, much of that time being spent within the care home industry and I can say without doubt that it's not common place for care to be delivered like it is at Barrowhill Hall, we feel privileged to be able to provide the care that people deserve. We have a highly trained staff team who with their compassion deliver the highest levels of care and strive only for positive outcomes for the people who live where we work.

Mr Matthew R Whitfield – Home Manager Registered Mental Health Nurse and Dementia Care Mapper Please Telephone 01889 519006 Email enquiries@barrowhillhall.co.uk

### 2. Our Care Services

Barrowhill Hall (across it's two independent care households) is the perfect choice for those in search of quality care, an active social life, comfortable and luxurious surroundings and nutritious home cooked meals. All of which offered in a warm, safe, secure and welcoming environment.

Friendly, highly qualified staff are in attendance 24-hours a day, and the residents they support are given the very best care and attention. Resident's individual requests are constantly monitored and are continually tailored to meet their specific needs. This way we can offer full continuity of care and achieve positive outcomes for every individual living with us.

Our two luxury care and nursing households:





#### **Dementia Care**

At Barrowhill Hall we provide the finest, tailored residential and nursing services to all individuals who choose to live with us. Round the clock nursing and personal care is always on hand.

Our care specialism is dementia and associated forms of the condition with Care Plans carefully formulated and recorded on our state of the art electronic care planning system. Our staff are chosen not only for their expertise and work ethic, but also for their compassion, sensitivity and dedication. Our above average staffing ratio means help is always at hand!



"My Mum was accessed and admitted to the home after a sudden decline in her condition. She was admitted onto the EMI Nursing Unit with quite bad challenging behaviour. I feel that they have managed her behaviour well and she seems to be less challenging, due to them managing her medication. It was and is a very hard time for us and my Mum, but feel reassured that she is safe and well cared for" BS (Daughter of Resident)

"The home was excellent and my husband settled very well for his two weeks respite. We were welcomed by extremely caring staff and the atmosphere was always cheerful. The openness of all the areas, where residents were moving around as they wished with help from staff if required, was very encouraging to me as my husband enjoyed moving to different areas, mainly to admire the view. I would not hesitate to use the home again". Gill H (Wife of Resident)



#### **Respite & Day Care**

We offer respite care or day care for those usually cared for by a relative, friend or professional carer. As a carer you can relax, knowing that your relative or friend is in a safe and supportive environment, with a lovely friendly atmosphere and first-class care tailored to their needs. We also offer convalescent breaks for individuals who are well enough to leave hospital but not yet well enough to return home.



#### **Nursing Care**

At Barrowhill Hall we offer high quality, 24 hour nursing care delivered by our experienced Nursing Team. Importantly this care is tailored to the individual to ensure that the resident receives the very best care with full oversight by our Registered Mental Health Nurses and our Registered General Nurses who oversee clinical needs of our residents.

"My mother has been living at Barrowhill Hall for a number of months, the care and compassion I've seen from every member of staff in the home is nothing but outstanding. The management hold regular meetings and let us know how Mum is getting on. I viewed a number of homes before choosing Barrowhill Hall, the home not only looks outstanding but delivers care fit for a queen, fit for my Mum". Paul J (Son of a Resident)

.....

"This is a fantastic place where my mother recently received excellent care. Residents are treated with care, compassion, patience and kindness. The staff are extremely friendly and helpful. The food is amazing, rooms and bedding are clean and fresh. The open living spaces are great and the gardens are lovely. Varied and brilliantly thought out activities. This is how all care homes should be. So impressed and extremely grateful. Thank you". **VD (Daughter of Resident)** 

#### **Residential Care**

The choice to move into residential care is always difficult, however here at Barrowhill we believe it's a positive choice, with an opportunity to forge new friendships and live an active lifestyle. This is achieved by offering stimulating social activities and accommodating staff which go out of their way to allow individuals to do what they want in our unique community. Lives are lived with purpose while all the time being carefully overseen by our MSc Dementia Qualified Staff.



### Young onset dementia

Dementia isn't a condition that only impacts our lives in the twilight years. People with dementia whose symptoms started before they were 65 are often described as 'younger people with dementia' or as having young-onset dementia or work age Dementia.

It's currently estimated that the number of people living with young onset dementia is around 42,000 but it's difficult to say how many people are affected. This is because people may not associate their symptoms with dementia because of their age. They might be reluctant to visit their GP and when they do, their symptoms may be put down to stress or depression because they are still working.

### **Appropriate care**

It is a difficult decision to move a loved one who is so 'young' into a home. Not all care homes are able to offer an appropriate place for people with young onset dementia. Here at Barrowhill Hall our focus is on person centred care and looking at the person rather than the diagnosis, it's because of this, we find that the time in which a person's journey with dementia starts can often impact in the way in which we tailor the care delivered to the individual.

In the case of those living with Early Onset or Young Onset Dementia what we deliver is tailored for that younger person, we understand younger people often have different needs and require some different support and different cognitive stimulation based on likes, needs and preferences. For this very reason, we have 4 full time activities staff.

Residential and Nursing care homes are often geared to the needs and preferences of those in their 80s and so the décor might feel very alien and discomforting. There might also be limited space inside the home. Both Barrowhill Hall and Churnet Lodge have wide and airy corridors and multiple lounges for residents to enjoy.

"At Barrowhill Hall our focus is on person centred care and looking at the person rather than the diagnosis."

Matthew Whitfield Registered Manager.



Wendy who's husband Ian lives with us in Churnet Lodge says "I spent a year trying to find somewhere suitable for Ian. Churnet Lodge feels like home to him and to me – so many of the colours on the walls are the same, along with the ornaments it has wide corridors and plenty of space so he can roam around. They put so much care into making life meaningful for Ian and everyone else who lives here."

### 3. Activities





We have a full time Team of activities coordinators who plans a varied programme of activities that are entertaining and socially stimulating as well as being tailored to the individual. We actively engage with the community be mean of attending events and hosting visitors and events at the home.

We have three full time activities coordinators offering a very comprehensive and person centred approach to activities with a very busy and stimulating program, also the care team are very pro-active when it comes to facilitating occupation and engagement for residents, activity's include: excursions, entertainers, cinema evenings, tea mornings, arts and crafts, gardening, school visits amongst many other things. The Activities team strive to keep residents active, engaged and promote independence even for those in need of the most care.

We are committed to promoting our residents' physical and mental independence.



# 4. Food & Dining







We like to make every dining opportunity an enjoyable experience – breakfast, lunch and dinner. Our cooks pay close attention to personal preferences and we ensure we use the freshest ingredients from local suppliers wherever possible.

Our menu choices change constantly and include many traditional homely meals. The cooks work closely with the care team and registered dieticians to ensure each meal meets our resident's requirements and preferences.

Freshly prepared food and snacks can be enjoyed wherever a resident wishes. We also encourage families and friends to come and join their loved ones for a meal and join in the dining experience.

# 5. Living at Barrowhill Hall

Barrowhill Hall offers spacious, homely luxury with the latest modern facilities to help those individuals living with memory loss. The home offers free ultra-high speed Fibre Optic Wifi for all residents and visitors.

#### **Bedrooms**

All bedrooms are private, exquisitely decorated and generous in size, featuring en-suite bathrooms, seating areas and modern amenities. The majority of bedrooms have views over the surrounding valleys and countryside. The rooms have been furnished to reflect the peace and tranquillity of the living environment, but we encourage everyone living with us to put their personal stamp on them, should they wish.

There is also the choice of a studio apartment, with an interconnecting bedroom and private lounge/dining area. These are perfect for couples or anyone requiring slightly more space.

For ease of access, a host of mobility features are discreet but essential touches. Nurse call systems help residents receive assistance at the touch of a button and specialist design means that doors are easier to open, the timber effect anti-slip flooring is consistent throughout the home to remove sensory obstacles for residents, whilst the specific lighting design helps maintain safe and comfortable environment.













#### **Living spaces**

We have a mixture of communal rooms which offer a variety of tranquil settings, creating an important therapeutic atmosphere. We have a range of homely lounges, some offering large smart TV screens for films nights and others offering quiet reflection space with beautiful views out of the windows. We have a library, country kitchen and activities and entertainment areas for residents to enjoy the community atmosphere, promote independence and achieve positive outcomes for our residents.

There is a professional hairdressing salon in both households and in Churnet Lodge we have a full spa facility including a treatment room and a spa bath with soothing lighting and music.

We have extensive grounds with safe and secure gardens where you can take a stroll, do a spot of gardening or sit and have a drink on the terrace whilst soaking up the view. Occasionally the original lawn tennis court is re-instated and the odd game of tennis played whilst having summer BBQ's, picnics or afternoon teas.

# 6. Outside Life at Barrowhill Hall



Fresh air, natural light, and a good view out from a building have all been proven to have a hugely beneficial effect for individuals living with dementia.

Designing outdoor spaces for people living with Dementia – In association with the Stirling University and Bob Flowerdew from the long-running BBC Radio 4 Gardeners Questions programme in which amateur gardeners can put questions to a panel of experts.

At Barrowhill Hall we have the above in abundance. We have 8 acres of fantastic sensory gardens, a lawn tennis court, an orchard walk and a fantastic position on the crest of a hill with views over the surrounding countryside from all windows. We encourage everyone living with us to enjoy the gardens and to keep their fingers green if they wish.

Bob Flowerdew - "The home is Phenomenal!"







The truly healthy environment is not merely safe but stimulating.

William H Stewart Environmental Science (1968)





### 7. The Local Area



Located on the crest of a hill, moments from Denstone Village (the river Churnet) and a short 5 minute drive to the bustling market towns of Uttoxeter and Ashbourne.

We have the outstanding Peak District on our doorstep and panoramic views from all aspects of the home over the Derbyshire and Staffordshire countryside.

The area itself is steeped in tradition.

Less than 1 mile away is the beautiful JCB Headquarters with is prestigious lakes and gardens. JCB have also recently finished developing there 240 acre PGA standard Golf Course designed and built using industry leading technology and developers. The Uttoxeter Racecourse is only 5 miles and hosts regular events including the Midlands Grand National! The Royal Shrovetide Football match is a fantastic local event which is held in Ashbourne on Shrove Tuesday and Ash Wednesday and having been played annually since the 12th century. 20 miles away you will find the 'Potteries', famed for household names such as Spode, Wedgwood and Royal Doulton. The prestigious Denstone College and Abbotsholme Schools are both visible from the home with the world famous Alton Towers only 3 miles away near the quaint village of Alton.

In the village of Denstone there is the multiple award winning Denstone Farm Shop which was recently voted the UK's 'best Large Farm Shop & Café/Restaurant of the Year' owned and managed by husband and wife team Emma and Rupert Evans. It's the ideal location for quick cups of tea, business meetings, drinks and meals with friends, lazy lunches & even special occasions.









### 8. Our Location

Barrowhill Hall is located in Rocester, between Uttoxeter and Ashbourne. We are at the top of the hill overlooking the prestigious lakes and gardens of the JCB World Headquarters.

Barrowhill Hall is uniquely located to allow easy access both locally, nationally and internationally.

Uttoxeter 5 miles
Ashbourne 5 miles
Derby 15 miles
Stoke on Trent 15 miles
Burton on Trent 16 miles
Stafford 20 miles
Cannock 20 miles
Lichfield 25 miles

Stoke Train Station 15 miles
Derby Train Station 15 miles
Crewe Train Station 35 miles
M6 Motorway 20 miles
M1 Motorway 30 miles
East Midlands Airport 30 miles
Manchester Airport 40 miles
Birmingham Airport 45 miles

# **Public Transport Options**

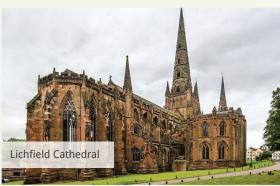
- 1. From Ashbourne/Denstone Bus SW1/Swift to Northfield Avenue, Rocester and short journey to the home thereafter.
- 2. From Uttoxeter Bus 32A/A1/SW1 to Northfield Avenue, Rocester and short journey to the home thereafter.

Please contact the home for further information on routes and we will do everything we can to facilitate a visitors journey.

### How to Find Us

Address: Barrowhill Hall Nursing Home, Rocester, Nr Uttoxeter, Staffordshire, ST14 5BX









### 9. Our Staff

#### Mr Matthew Whitfield (Registered Manager + RMN)

The home is managed by Mr Matthew Whitfield who is a Registered Mental Health Nurse and Dementia care mapper with 25 years' experience in Residential and Nursing Care. Matthew oversees the day to day running, liaising with GP's, Community Psychiatric Nurses, Mental Health Assessors, Dietitians and other visiting professionals. He also chairs regular resident's family meetings.

'I like to hold regular meetings with resident's families to ensure we are delivering the service we offer. When I can, I also try to involve the residents input when planning their own care and treatment, as well as their families. The importance of resident empowerment and participation is really important.' Matthew makes himself available to Residents, Staff and Family members with his door always very much open, 'Being open, honest and transparent has always been at the forefront for me.'







Finances can be a concern to a lot of families. Finance Manager Dawn oversees the finances of the home and is available to answer any questions families may have.



Geoff Aris
Business Development Manager

Geoff performs the role of our Business Development Manager and Lead Assessor.

Geoff holds a degree in Advanced Dementia studies from Bradford University. Along with visiting people's homes or temporary homes for assessments, he also ensures the quality of service is high and we remain compliant with our regulators.



Lucy Salt Clinical Lead Nurse

Lucy is an experienced, effective and fully certified Nurse, she works closely with the Nursing and Care team to ensure residents receive the very best care. Lucy loves spending time with her family and is kept busy with her 2 year old daughter, she also loves holidaying in the USA!



#### Lauren Titterton Senior Care Assistant

Lauren wanted to become a carer after she lost a family member who lived in a care home, she wanted to help others in the same situation and make her family member proud. Lauren loves to spend time with her family and friends along with shopping.





# Clare Staniforth-Armstrong Staff Nurse

Clare has been a nurse for over 29 years, she wanted to utilise her caring and compassionate nature and so Nursing was the perfect profession.

Clare is married with 1 son and enjoys skiing, gardening, art and reading in her spare time.



### Michelle Wood Care Quality Manager

Michelle's role includes understanding resident's needs and requirements to develop effective quality care processes. She insures records and care plans are being kept up to date and standards of care maintained at the highest level. Michelle joined us in June 2013.



#### Jess Hooper Front of House

Jess carries out a range of tasks from speaking to residents families to preparing complex spreadsheets for the management team. Jess live's in Uttoxeter and enjoys spending time with her Children and her family and friends.

# 10. What our residents families say

Having had my next of kin resident for respite care since 22nd January 2019, I have found Barrowhill Hall nursing home to provide a superb service. Excellent food, all prepared and cooked on the premises The staff - both nurses/carers and office staff, are all approachable and friendly. The premises are kept really clean. The care given to my resident has been very good, his health has improved significantly since being at Barrowhill Hall and I always find him clean and tidy. Some kind of method of keeping relatives updated on residents' progress would be useful as they are often busy when visiting but otherwise I cannot fault the home or the staff. I have had unsatisfactory experiences of other homes. Helen H (next of kin)
Barrowhill Hall is a good place. The staff care - really care - and it shows in how they look after residents. What is needed is delivered well but always with compassion and consideration.  M E (Daughter of Resident)
In my time of visiting my Mother at the home, I can honestly say that I cannot pick any fault with Barrowhill, in every way it's perfect for my Mother's needs, she is extremely happy at the home.  Thank you to everyone who is involved.  D E (Son of Resident)
My mother has been at Barrowhill Hall Residential and Nursing Home since May 2018. She has been shown nothing but love and care and is very happy living there. The staff and management are both friendly and approachable. I would recommend Barrowhill Hall to anyone looking for care.  Thank you for keeping my mother safe and happy.  M L (Daughter of Resident)
Mum has been at Barrowhill Hall since October 2017. She always looks very happy and content and her appearance clean and smart as she would like it to be. Her anxiety has reduced and looks very much a home, 24hr care by caring positive people around her has helped enormously. Bright, airy surrounding in compacting and environment. There are lots of activities to keep residents amused. All in all a lovely

place for her to live.

**S F (Daughter of Resident)** 

We were extremely pleased with the respite care mum received. Mum was very happy there too. The food was excellent. The laundry was all there when I collected mum and was beautifully washed and ironed. We would definitely use this home again.

**S F (Daughter of Resident)** 



# Notes







Please do not hesitate to get in touch to arrange a viewing and see it for yourself.



Tel: 01889 591006



Email: enquiries@barrowhillhall.co.uk



Web: www.barrowhillhall.co.uk



NURSING | RESIDENTIAL | DEMENTIA